

## **Brief Profile**

**Dr Preeti Galagali MD, PGDAP, FIAP**

### **Current Affiliations**

- Director, Bengaluru Adolescent Care and Counselling Centre
- Clinical Lead, Adolescent Clinic, Manipal Hospital Bengaluru.
- Consultant Adolescent Health Specialist and Paediatrician
- Consultant Adolescent Health, Department of Pediatrics, BLDE Medical College and Research Centre, Vijayapura, Karnataka
- Vice President, South Asia, International Association of Adolescent Health (IAAH)
- Chairperson, Policy Committee, IAAH
- Chairperson, Adolescent Mental Health Committee, International Society for Mental Health Advocacy and Action (ISMHAA)
- Associate Editor, Clinical Child Psychology and Psychiatry
- Member, WHO Technical Working Group for addressing adolescents' access to electronic health records (EHR)
- Member, Adolescent Health Committee, International Paediatric Association
- Member, Nominations, Vaccination, Mental Health and Youth Engagement Committees, Society of Adolescent Health and Medicine (SAHM), USA
- Member, International Adolescent Health Week Committee (IAHW), IAAH

### **Academic Achievements**

- > 135 national & international scientific publications
- > 325 national & international scientific presentations, invited talks at Harvard Medical School, USA, speaker Global Forum for Adolescents, PMNCH, WHO
- Lead author 1<sup>st</sup> IAP guidelines on adolescent health
- Co-author 1<sup>st</sup> IAP guidelines on management of child abuse & digital wellness
- Co-author, Adolescent Health Education Policy, IAAH
- Co-author SAHM Position Statements on integrated behavioural health, opioid use, nutritional disorders, healthy relationship with food, sexual consent, climate change, food security, sexual and reproductive health, COVID-19 vaccines
- Editor, Adolescent Counselling, 2<sup>nd</sup> edition

- Associate editor of the 1<sup>st</sup> AHA IAP book on Adolescent Health
- Section editor – Adolescent Health- IAP Color Atlas 2024
- Authored chapters in IAP Textbooks- Growth & Development, Pediatric Infectious, Disease, Standard Treatment Guidelines, Parenting Guidelines, Adolescent Medicine
- Founder editor of Indian Journal of Adolescent Medicine, We Connect Publication, Teacher Training Module on Adolescent Health
- Review editor Frontiers Pediatrics
- Reviewer: Indian Pediatrics, Pediatrics, BMJ Pediatrics, Journal of Health and Research, CMC, Ludhiana, Clinical Child Psychology and Psychiatry, International Journal of Life Skills Education, Journal of Postgraduate Medicine, Karnataka Pediatric Journal

### **Leadership Role in >15 IAP Presidential Action Plans**

- Joint National Coordinator, South Zone, IAP Presidential Action Plan 2025
- National Convener- Adolescent Counselling Program 2022, Awesome AYA Program 2020, 2021, Mission Kishore Uday 2013, 2018, 2019
- National Coordinator- DIET Program 2015, Promotion of Emotional Intelligence 2014
- Joint National Convener- Child Rights & Safety Program 2022
- South Zone Coordinator- Child Rights & Protection Program 2007
- Member Scientific Committee- Health Promoting Schools 2025, Scientific Spirituality 2025, Mission School Uday 2021, Nurturing Care ECD 2021, Parenteening 2017, Adolescent Health Ambassador Program 2016, Approach to Difficult Adolescent 2012

### **IAP Organisational Posts**

- Vice President IAP South Zone 2025
- Chairperson Adolescent Health Academy IAP 2019- **Won Best Chapter Award**
- CIAP Executive Board Member 2013 & 2021
- Honorary Secretary AHA IAP 2014-15-**Won Best Chapter Award**
- Founder Chairperson, Bengaluru Adolescent Health Academy IAP 2013
- South Zone Convener, IAP Child Abuse Neglect Child Labour Group 2012-2018
- Vice President IAP Bengaluru 2011
- Executive Board Member IAP Bengaluru 2007- 2009
- Executive Board Member Growth Development Behaviour Chapter 2007 & 2008
- Organisation committee member of 25 city, state and national IAP Conferences
- Convener of IAP Bengaluru Child & Adolescent Health Week 2005-2007- **Won Best Branch Award**

## **Invited Expert at National & State Consultative Meets for framing Policies**

Contributed to the National Digital Mental Health Policy 2026 & Karnataka's Digital Technology Use Policy for students 2025

## **International Organisational Posts**

- Secretary, International Chapter, SAHM, USA 2023-26
- Co-Chairperson, Scientific Committee, World Adolescent Health Congress 2025-26
- Scientific Program Committee Member, Annual SAHM Conference 2021-26
- Co-lead, IAHW, Special Interest Group, SAHM, 2021-23
- Member, Committee for Selection of Youth Ambassadors, International Adolescent Health Week (IAHW) 2020-22, 2024-26
- Co-Chairperson, Education Committee, IAAH 2022-26
- Co-Chairperson, Nutrition Committee, SAHM 2023-25

## **Community Work**

- Conducted over 2500 community health programs both online and offline, on healthy lifestyle, sexuality, child protection and life skills reaching out to over one lakh adolescents, parents, teachers, frontline health workers and social workers.
- Published many articles in print & electronic media to build health awareness and appeared on national TV & radio
- Invited for a TEDx talk on Social Media Matters

## **Awards & Orations**

- **Orations and Endowment Lectures:** Dr JR Srivastava Oration, IAP Kanpur, Dr PN Krishnamurthy Endowment Lecture, IAP Mangalore, Pioneers of Pediatrics-Dr PC Bopaiiah Endowment Lecture IAP Bengaluru, Dr Dilip Patgiri Oration IAP Assam, Dr Jagdish Dubal Oration Pediatric Academy Trust, Kutch, MKC Nair Oration Kerala Adolescent Health Academy
- **International:** SAHM International Chapter-Northern Hemisphere Award, International Travel Scholarship, SAHM
- **National:** Fellow of Indian Academy of Pediatrics (FIAP) Award, Karnataka Women Achievers Award, Best Paper Presentation Adolescon 2005, 2011, Gold Medal MD Pediatrics 1992