

Brief Profile

Dr Preeti Galagali MD, PGDAP, FIAP

Current Affiliation

- Director, Bengaluru Adolescent Care and Counselling Centre and a practicing Adolescent health specialist and Pediatrician
- Clinical Lead, Adolescent Clinic, Manipal Hospital Bengaluru.
- Co-Chair, Education Committee International Association of Adolescent Health (IAAH)
- Co-Chair, Nutrition Committee, Society of Adolescent Health and Medicine (SAHM), USA & Secretary, International Chapter SAHM
- Lead, Digital Wellness Committee, Adolescent Health Program Group, International Pediatric Association.

Academic Achievements

- > 100 National & International Scientific Publications
- > 200 National & International Scientific Presentations, Invited for talks at Harvard Medical School, USA, speaker Global Forum for Adolescents, PMNCH, WHO
- Lead author 1st IAP guidelines on Adolescent Health
- Co-author 1st IAP guidelines on management of child abuse & digital wellness-screen time
- Co-author, Adolescent Health Education Policy, IAAH
- Co-author SAHM Position Statements on integrated behavioural health, opioid use, nutritional disorders, healthy relationship with food, sexual consent, climate change, food security, sexual and reproductive health, COVID-19 vaccines
- Associate editor of the 1st AHA IAP book on Adolescent Health
- Section editor – Adolescent Health- IAP Color Atlas 2024
- Authored chapters in IAP Textbooks - Growth & Development, Pediatric Infectious, Disease, Standard Treatment Guidelines, Parenting Guidelines, Adolescent Medicine
- Founder editor of Indian Journal of Adolescent Medicine, We Connect Publication, Teacher Training Module on Adolescent Health
- Review editor Frontiers Pediatrics

- Reviewer Indian Pediatrics, Pediatrics, BMJ Pediatrics, Journal of Health and Research, CMC, Ludhiana, Clinical Child Psychology and Psychiatry, International Journal of Life Skills Education, Journal of Postgraduate Medicine

Leadership Role in 15 IAP Presidential Action Plans

- National Convener- Adolescent Counselling Program 2022, Awesome AYA Program 2020, 2021, Mission Kishore Uday 2013, 2018, 2019
- National Coordinator- DIET Program 2015, Promotion of Emotional Intelligence 2014
- Joint National Convener- Child Rights & Safety Program 2022
- South Zone Coordinator- Child Rights & Protection Program 2007
- Member Scientific Committee- Mission School Uday 2021, Nurturing Care ECD 2021, Parenteening 2017, Adolescent Health Ambassador Program 2016, Approach to Difficult Adolescent 2012

IAP Organisational Posts

- Chairperson Adolescent Health Academy IAP 2019 - **Won Best Chapter Award**
- CIAP Executive Board Member 2013 & 2021
- Honorary Secretary AHA IAP 2014-2015 - **Won Best Chapter Award**
- Founder Chairperson, Bengaluru Adolescent Health Academy IAP 2013
- South Zone Convener, IAP Child Abuse Neglect Child Labour Group 2012-2018
- Vice President IAP Bengaluru 2011
- Executive Board Member IAP Bengaluru 2007-2009
- Executive Board Member Growth Development Behaviour Chapter 2007 & 2008
- Organisation committee member of 25 city, state and national IAP Conferences
- Convener of IAP Bengaluru Child & Adolescent Health Week 2005-2007 - **Won Best Branch Award**

International Organisational Posts

- Co-Chairperson Workshop Planning Committee, World Adolescent Health Congress 2025
- Scientific Program Committee Member, Annual SAHM Conference 2021-25
- Co-lead, International Adolescent Health Week, Special Interest Group, Society for Adolescent Health and Medicine, USA, 2021-2023
- Member, Committee for Selection of Youth Ambassadors, International Adolescent Health Week Celebrations 2020-2022, 2024

Community Work

- Conducted over 2500 community health programs both online and offline, on healthy lifestyle, sexuality, child protection and life skills reaching out to over a lakh adolescents, parents, teachers, frontline health workers and social workers.
- Published many articles in print & electronic media to build health awareness and appeared on national TV & Radio
- Invited for a TEDx talk on Social Media Matters

Awards & Orations

- **Orations:** Pioneers of Pediatrics - Dr PC Bopaiah Endowment Lecture IAP Bengaluru, Dr Dilip Patgiri Oration IAP Assam, Dr Jagdish Dubal Oration Pediatric Academy Trust, Kutch, MKC Nair Oration Kerala Adolescent Health Academy
- **International:** SAHM International Chapter-Northern Hemisphere Award, International Travel Scholarship, SAHM
- **National:** Fellow of Indian Academy of Pediatrics (FIAP) Award, Karnataka Women Achievers Award, Best Paper Presentation Adolescon 2005, 2011, Gold Medal MD Pediatrics 1992